

LALSAC Handbook

Updated August 2010

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A. LALSAC Statement of Purpose

LALSAC Purpose Statement

The LaCrosse Area Lutheran School Athletic Conference (LALSAC) exists to train our youth through unique learning experiences in athletics while developing their spiritual, intellectual, physical, social, and emotional skills and values in the light of their continuing discipleship and spiritual growth. The league shall foster an environment where team play, cooperation, unity, and fair play are priorities that are guided by God's Word.

B. LALSAC Sportsmanship Code

LALSAC Sportsmanship Code **(to be read at various tournaments)**

We appreciate your positive support of our tournament.
We thank you for respecting officials, participants, and coaches.

Acts of misconduct will not be tolerated and may result in your immediate removal.

We would like to remind all fans to remain seated during the game. Please stay out of doorways and off of the floor except during time outs and the end of the quarters.
Remember that good sportsmanship begins with you!

Remember that you are not only representing yourself, your family, your school, but you are representing your Lord.

I. DUTIES OF OFFICERS and POSITIONS

A. The President

1. Calls and presides over meetings.
2. Sets the agenda with the secretary and distributes it with notice of the next meeting date.
3. Oversees sport/sub committee work by regular communication with the chairman of each sub committee. Primary area of importance include:
 - Regular and tournament scheduling set by the spring meeting
 - Officials scheduled as needed
 - Trophies, ribbons, and awards prepared in advance of events
 - Looks for “major” changes that need to be brought before the League (see VIII C)
 - Oversee all other sub committee responsibility as listed in the addendum
4. Sets up sub-committees as they are needed. Each subcommittee should consist of at least 3 Athletic Directors.
5. Appoints an audit committee at the spring meeting.
6. Reports to the Principals’ Conference regularly.
7. Approves purchases by the league.
8. Assists in determining all cancellations of tournaments.

B. The Secretary

1. Assists the President in setting the Agenda and the distribution of it with notice of the next meeting of meeting date.
2. Keeps minutes from all league meetings and sends minutes to each school for the Athletic Director, the Principal, and the LALSAC Website.
3. Assists Website in keeping up to date information.
4. Maintains a current Lalsac history of officers.
5. Maintains an up to date directory of league members.

C. The Treasurer

1. Promptly pays league expenditures.
2. Provides a monthly financial statement of league accounts to the President and Secretary.
3. Provides a current and complete financial report of league accounts at each league meeting.

II. WEBSITE

1. Sanctioned by the league.
2. Keeps league standings and scores.
3. Keeps pertinent information on other events throughout the year.

III. ELECTIONS

The Athletic Directors shall elect a secretary and a treasurer in the summer to a two year term. The nominees for the positions must have had at least two years experience in the league as an Athletic Director. The alternating year a president shall be elected. The male nominees for president must have had at least two years experience in the league as an Athletic Director. At least seven Athletic Directors and the President must be at a meeting to form a quorum.

IV. LALSAC LEAGUE ACTIVITIES

A. League Sports

The following sports shall be sponsored by LALSAC for both boys and girls:

- Softball
- Basketball (A and B)
- Volleyball
- Track

B. League Tournaments

Tournaments are held for softball, A-team basketball, volleyball, and track.

V. LEAGUE STUDENT ELIGIBILITY

- A. Any student 15 years of age before September 1 of a given year is not eligible to compete in any league-sponsored activities for the school year.
- B. No student may compete after graduation from 8th grade.
- C. "A" teams are composed of any individuals meeting the above-listed requirements.
- D. "B" teams are composed of any individuals who are not yet in the 7th or 8th grade, unless other arrangements are made with the opponent in advance.

VI. LEAGUE MEMBERSHIP

School Membership

The following schools participate in the league activities:

- * St. Paul's, Bangor
- * St. John's, Caledonia
- * First Lutheran, LaCrosse
- * Immanuel, LaCrosse
- * Mt. Calvary-Grace, LaCrosse
- * St. John's, Lewiston
- * St. John's, Nodine
- * St. Paul's, Onalaska
- * St. John's, Sparta
- * St. Matthew's, Stoddard
- * St. Paul's, Tomah
- * English Lutheran, Viroqua
- * Christ-St. John's, West Salem
- * St. Matthew's, Winona

VII. MEETINGS

Meeting Schedule

The LALSAC shall hold four meetings per year are held unless the president and/or LALSAC determines a need for more. Generally, meetings are scheduled:

- * In the summer, prior to the beginning of school.
- * In the fall, prior to basketball beginning.
- * After the basketball season.
- * In spring, prior to the track meet.

VIII. SPORTS COMMITTEES

- A. The LALSAC will maintain a sub committee for each sport. Each school must participate on a committee.
- B. Each committee must maintain a current addendum which includes the duties and responsibilities of their committee.
- C. Each committee must bring to the League any major changes for their sport (i.e. rules, payment for officials, etc). The League President is to be contacted for assistance in determining if a change is "major".
- D. Each committee membership will be reviewed by the President in the spring meeting.
- E. Listing of schools in sport committees as of August 2010:
 - * Softball- St. John's, Sparta, First Lutheran, La Crosse, St. Matthew's, Winona
 - * Basketball- St. John's, Lewiston,, Christ-St. John's, West Salem, St. Paul's, Tomah, St. John's, Caledonia
 - * Volleyball- St. Paul's, Bangor, Mt. Calvary-Grace, La Crosse, St. John's, Nodine, St. Matthew's, Stoddard
 - * Track- Immanuel, La Crosse, St. Paul's, Onalaska, English Lutheran, Viroqua